

Purple to Blue belt requirements for testing:

Earn your first stripe:

1. ___ Must perform, “**Corner to Corner**”, combinations with your hand and feet with a *spin kick*.
2. ___ Must perform the following, “**SPIN KICKS**” :
 - A. Spin side kick
 - B. Spin outside crescent kick
 - C. Spin back kick
 - D. Spin hook kick

Earn your second stripe:

1. ___ Learn and perform, “**Ronin 3**”.
2. ___ Must perform (2) self-defense techniques against (2) attackers.
3. ___ Must perform (2) grab art techniques.
4. ___ Must perform (2) takedown techniques.
5. ___ Student must be willing to ask the instructor for any assistance.

Earn your third stripe:

1. ___ Learn and perform, “**RYUU-SHI**”.
2. ___ Learn and perform, “**HEIAN SANDAN**”.
3. ___ Learn and perform, “**MODORU**” (Bo section 1).
4. ___ Learn how to present yourself with your bo.
5. ___ Know how to combine *all* your kata’s

* _____, has complete the requirements and is eligible to be tested for his/her blue belt, good and practice, practice, practice!

Sensei Jordan C. Diaz