

Green to Brown belt requirements for testing:

Earn your first stripe:

1. ___ Must be able to hold or assist class with an instructor present.
2. ___ Demonstrate leadership towards under belts.
3. ___ Must have your ***book*** up to date (***Required***).
4. ___ Sparring is required against (1) and blind folded against (1).

Earn your second stripe:

1. ___ Learn and perform, “**Ronin 5**”.
2. ___ Must perform self-defense techniques against (3) attackers.
3. ___ Must perform (3) self-defense techniques with a sweep.
4. ___ Must perform (3) self-defense takedown techniques.

Earn your third stripe:

1. ___ Learn and perform, “**GOJU DAI**”.
2. ___ Learn and perform “**TAIKYOKU SHODAN**”.
3. ___ Learn and perform, “**HEIAN GODAN**”.
4. ___ Learn and perform, “**PARU PARU**” (Arnis).
5. ___ Learn and perform, “**TATSUMAKI**” (Bo Section 4).
6. ___ Know how to combine ***all*** your kata’s.
7. ___ Must enter at least (1) tournament (***Required***) for self-confidence.
8. ___ Must have at least ***1 year*** of training as a green belt.

* _____, has complete the requirements and is eligible to be tested for his/her brown belt, good luck and practice, practice, practice!

Sensei Jordan C. Diaz